# **Too Small to Fail Content Calendar (July 2020)**

## **I. July Observances & Events**

Independence Day (July 4) Parent's Day (July 26)

## **II. Proposed Topics**

Topics	Sample Resources
6/29-7/5- Raising a Resilient Child	Toxic Stress Paper TSTF
Resilience refers to the protective skills and supportive environments that help children cope and succeed in the face of difficult circumstances. One of the major ways children develop resilience is through stable and nurturing relationships with parents and caregivers. These supportive relationships built through daily interactions protect little ones from toxic stress.  • Independence Day (July 4)	Using Everyday Moments to Build Resilience TSTF  Building Resilience in Children Healthy Children  Building Resilience Zero to Three  Achieving Full Potential The Science of Child Resiliency Explained Huffington Post  How to Raise an Emotionally Resilient Child PBS Parents  Maximizing children's resilience American Psychological Association  To Raise Resilient Kids, Be a Resilient Parent NY Times  Mindfulness for Children - Well Guides NY Times

#### 7/6-7/12 Creating Playful Indoor Learning Environments

Spending time indoors with your children doesn't mean you can't play and learn together. This week, we're sharing tips to help parents and caregivers create literacy-rich playful learning environments at home. From reading books together, to fun activities that promote early math learning, a playful literacy-rich environment can provide parents and caregivers with many opportunities to support children's early learning while indoors.

Talking is Teaching Indoor Resources Page TSTF

Talk, Read, & Sing Indoors Activities Kit (English) TSTF

Talk, Read, & Sing Indoors Activities Kit (Spanish) TSTF

**Indoors Activities Kit Adaptations Tip Sheet TSTF** 

8 Indoor Activities to Release Kids' Energy PBS Kids

At-Home Activity Guide Zero to Three

<u>Scholastic Learn at Home Resources and Strategies</u> Scholastic

30 Parents Share Their Favorite At-Home Activities To Help Bored Kids Huffington Post

Math at Home Toolkit NAEYC

### 7/13- 7/19 Bonding With Your Child

Bonding with your newborn baby is a very important aspect of parenting and starts with simple, everyday interactions. Loving relationships with parents and caregivers help children feel safe and lay the foundation for their healthy social-emotional development.

Small Children Have Big Feelings TSTF

How Bonding Builds Babies Brains TSTF

All We Need Is A Little Love (Mostly) TSTF

Bonding With Your Baby: Ideas Raising Children

**Bonding With Your Newborn** BabyCenter

30 Little Ways to Bond With Baby Parenting

A Parent's Touch Actually Transforms A Baby's Brain Huffington Post

**Bonding With Your Baby Kids Health** 

	Activities for Bonding and Learning from Birth to 12 Months Zero to Three
7/20 - 7/26 Everyday Early Math	Early Math Resources TSTF
Early math competency is predictive of later academic achievement.  Everyday routine activities and games provide opportunities to help	<u>Let's Talk About Math</u> TSTF
develop important early math skills while having fun and bonding with your little one!	Highlights Early Math Guide TSTF
Parent's Day (July 26)	Highlights Early Math Guide Spanish TSTF
	Help Your Child Develop Early Math Skills ZEROTOTHREE
	Baby and Toddler Math Milestones PBS Parents
	Study: Parents Need Help Encouraging Kids' Math Skills Parents.com
	Learning to Count, Counting on Learning Huffington Post
	5 Ways to Build Math into Your Child's Day NAEYC
	Babies understand a fundamental aspect of counting long before they can say numbers out loud, according to researchers Washington Post