## Let's Talk About Laundry Time!

# **Sample Social Media Posts**



# **Facebook**

- 1. Play a laundry time guessing game to help your toddler build critical thinking skills that are important for future learning. Show your child one article of clothing at a time and have them guess which family member each item belongs to. Make the game even more challenging by having your child close their eyes as you describe an article of clothing and see if they can guess who it belongs to without looking. "This shirt is small and pink with yellow polka dots, and the fabric is very soft! Who do you think it belongs to?" Using descriptive language is a great way to grow your little one's vocabulary. #TalkingIsTeaching
- 2. Engaging in pretend play with your child will improve their communication skills and supports their social and emotional development. Swap roles with your preschooler during playtime and have them pretend to be the parent while you are their little laundry helper at the make-believe laundromat. Have them direct you on what needs to be done and be sure to ask lots of questions about what you are doing together. Letting young children take the lead during pretend play helps grow their confidence as they practice decision-making and problem-solving skills. #TalkingIsTeaching
- 3. Using clothespins is an excellent way for your preschooler to strengthen their fine motor skills! During laundry time, have your little one help by hanging some of the wet clothes out to dry. There are great conversations to be had about this process, like how the clothes go from wet to dry and how using less energy from machines can help our planet. Practicing with clothespins will also help your child develop concentration and coordination. These essential skills lay a strong foundation for them to build upon as they learn and grow. #TalkingIsTeaching

## Instagram

- 1. Sorting laundry is a fun and easy way for your child to develop early math and literacy skills! There are many ways to sort clothes at laundry time, whether by color, size, pattern, or material. Your child can be a laundry helper by sorting the whites from darks before putting clothes into the washing machine. When it's time to fold, your child can help by sorting the family's socks. This practical activity helps young children recognize similarities and differences in groups of objects, an essential cognitive skill. #TalkingIsTeaching
- 2. Loading the washer, hanging wet clothes to dry, and folding clean clothes are great activities that will help your toddler develop and strengthen their gross motor skills. Make laundry time extra joyful by singing and dancing as you work together to get all the laundry done. Be sure to let your child know how thankful you are for such a great little laundry helper. #TalkingIsTeaching

#### **Twitter**

- 1. Talk to your baby about the different colors and patterns you see during laundry time. Your baby's brain is like a sponge, and you are helping them build early language skills before they can even say their first words just by talking to them! #TalkingIsTeaching
- 2. During laundry time, invite your little one to read with you between loads. How many books can you and your little one read together as you wait for your laundry to finish in the washer or dryer? This is a great way to turn laundry time into learning time! #TalkingIsTeaching