

Let's Talk About Sports!

Sample Social Media Posts

Please tag us @2SmallToFail on your social media posts!



Facebook

1. Have a blast playing sports charades with your little one! Take turns acting out things like shooting a basketball, kicking a soccer ball, and swinging a baseball bat. Then, guess which sport each of you is pretending to play. Guessing games help build your child's vocabulary and boost their self-confidence! #TalkingIsTeaching
2. Build healthy habits as a family by spending time playing together outdoors. Use any ball at home and let your child make up the rules. Fun outdoor activities like this provide opportunities for your child to boost their creative thinking! It's also a wonderful way to bond and spend quality time together as a family. #TalkingIsTeaching
3. Practice sports skills with your little one by setting up a simple, fun obstacle course! Include activities like kicking a ball, shooting a basket, and tossing and catching a bean bag. Set a timer and see how fast each of you can complete the course! This is an excellent way to help develop coordination and strengthen your child's gross motor skills. #TalkingIsTeaching

Twitter

1. Let's root, root, root for the home team! Together with your child, come up with a fun chant or cheer to celebrate your favorite sports team! #TalkingIsTeaching

2. Your baby loves your voice! They're never too young to listen to you recap the play-by-play of a big game! Talking with your little one helps build early language and communication skills. #TalkingIsTeaching

Instagram

1. You don't need a basketball court to practice your free throw! Use a laundry basket, bucket, or even a box, and practice throwing a ball into it with your little one. "Why do you think they call it shooting hoops?" #TalkingIsTeaching
2. A paper plate is a perfect canvas for a recycled craft. Enjoy a healthy snack with your little one, then reuse the plate by crafting it into a ball! Paint the plate orange and add wavy black lines to make a basketball. Or, use a black marker to draw on a few pentagons, and you've got a soccer ball. "A pentagon has five sides. Let's count them together!" #TalkingIsTeaching