

Let's Talk About Counting!

Sample Social Media Posts



Facebook

Reading to your child is the perfect way to stimulate and strengthen their developing brain. Did you know that snuggling is also essential for building your baby's brain? Snuggle up with a few good books at bedtime and have your little one help by turning the pages as you read. Keep a tally each night of how many books you read and count the total together at the end of the week. #TalkingIsTeaching

Go on a nature walk with your child and count all the beautiful things you see outside together! How many tall trees did you pass on your walk? How many colorful flowers did you spot? Look up in the sky and count all the puffy white clouds you see. Counting with your child helps to build a solid foundation for future math skills like addition and subtraction. #TalkingIsTeaching

Help your child learn to connect numbers to the quantities they represent by doing this fun and simple math activity together! Write down the numbers 1-5 on a piece of paper and below each numeral, make the corresponding number of dots. Have your child use their finger to trace each number and count the dots. Using their sense of touch helps your child's brain make a stronger, long-lasting connection to what they are learning. #TalkingIsTeaching

Twitter

Boost your child's self-confidence by enjoying art time together! Paint a rainbow with your little one. Then, count the colors. "Red, orange, yellow, green, blue, indigo, and violet... seven colors make a rainbow!" #TalkingIsTeaching

Your little one loves to hear you laugh! Have your child help you think of 5 words that rhyme and use them to make up a silly counting song. Giggle and laugh as you sing your silly tune together!
#TalkingIsTeaching

Instagram

Playtime at the park is not only excellent for your child's physical development but also offers great opportunities for learning fun! Count how many steps they climb as they go up a ladder or how many steps it takes to get to the top of the tallest slide. Practice simple addition by counting how many children you see at the park, then add the number of adults you see... how many people are at the park in all? #TalkingIsTeaching

Playing a fun game of hide-and-seek at home is a great way to bond with your child! Take turns counting to 10 aloud as one of you hides and the other seeks. Much like playing peek-a-boo, hide-and-seek also helps your child understand the concept of object permanence, an important milestone in your little one's brain development. Your child will love spending quality time playing with you, and the added benefit of helping them develop new skills makes this game even more awesome! #TalkingIsTeaching