Let’s talk about healthy foods.

What does your food taste like?

What colors are the fruits?

What are your favorite fruits?

Smell like?

Feel like?

Vegetables?

Which is the biggest vegetable?

Which is the smallest?

Let’s count the apples!

Talk, read, and sing with your children—right from the start. It builds their brains and prepares them for success in school and beyond.

TALKING IS TEACHING. TALK READ SING.