June 2021 Content Calendar

June Observances and Events:

- World Environment Day (June 5)
- First Day of Summer/Summer Solstice (June 20)
- Fathers Day (June 20)

Topics	Sample Resources
5/31-6/6 The Benefits of Music in Early Childhood	Sing With Your Baby Tipsheet TSTF
In addition to being fun, listening to	How To Write A Lullaby TSTF/Carnegie Hall
music and singing with your little ones has many benefits. It is a great way to	<u>Lullaby Project Lullabies</u> Carnegie Hall
introduce children to new words and sound patterns. But Music is more than	Beyond Twinkle, Twinkle: Using Music with Infants and Toddlers ZERO TO THREE
words. When children are actively engaged with music – clapping, bouncing,	Children and Music: Benefits of Music in Child Development Bright Horizons
and dancing – they develop motor skills and body coordination.	The Benefits of Music Education PBS
Memorial Day (5/31)	Infants & Toddlers/Activities: Musical Activities Scholastic
World Environment Day (6/5)	10 music activities for toddlers and preschoolers Motherly
	Why Making Music Matters Music and Early Childhood Development Carnegie Hall
	Playing Music Improves Kids' Mental Health Child Mind Institute

6/7-6/13 Raising a Resilient Child

Resilience refers to the protective skills and supportive environments that help children cope and succeed in the face of difficult circumstances. One of the major ways children develop resilience is through stable and nurturing relationships with parents and caregivers. These supportive relationships built through daily interactions protect little ones from toxic stress.

Toxic Stress Paper TSTF

Building Resilience Zero to Three

<u>The Most Important Skill Kids Can Develop Right Now</u> Huffington Post

<u>Achieving Full Potential -- The Science of Child Resiliency Explained</u> Huffington Post

Maximizing children's resilience APA

How to Raise an Emotionally Resilient Child PBS Parents

To Raise Resilient Kids, Be a Resilient Parent NY Times

Raising Happy Kids: Building Resilience in Children Bright Horizons

How to Raise Resilient Kids: Advice for Parents TIME

6/14-6/20 Celebrating Fathers

Fathers Day

Fathers make an important contribution to children's development. Studies show that children with caring and involved fathers have better outcomes at school, as well as higher levels of confidence, problem-solving abilities, and social-emotional skills. In celebration of Father's Day, this week we're honoring

Let's Celebrate Dads! TSTF

<u>The Daddy Factor: The Crucial Impact of Fathers on Young Children's Development</u> Zero to Three

The Important Role of Dad Huffington Post

The Role of Fathers with Daughters and Sons Parents

For Father's Day, 8 facts about American dads PEW Research

Childhood Looks Better When Dad is in It AAP Healthy Children

the special role that fathers play in the care and development of children, as well as providing tips on how fathers can best continue making a positive impact in the lives of their children.	Why Fathers are Important to Children Healthline Black Fatherhood is Infinite Parents Let's Celebrate Dads PBS KIDS Giving Thanks to Fathers Child Mind Institute
6/21-6/27 Bonding With Your Child Bonding with your baby is a very important aspect of parenting and starts with simple, everyday interactions. Loving relationships with parents and caregivers help children feel safe and lay the foundation for their healthy social-emotional development.	Small Children Have Big Feelings TSTF How Bonding Builds Babies Brains TSTF All We Need Is A Little Love (Mostly) TSTF Bonding With Your Baby: Ideas Raising Children 30 Little Ways to Bond With Baby Parenting
6/28-7/4 Promoting STEM Learning at Home	A Parent's Touch Actually Transforms A Baby's Brain Huffington Post Activities for Bonding and Learning from Birth to 12 Months Zero to Three Creating an Emotionally Supportive Home PBS Let's Talk, Read and Sing About STEM TSTF

Encouraging children to explore the areas of science, technology, engineering, and math at an early age can help sustain a sense of curiosity and discovery as they grow up. By incorporating the concepts of STEM into everyday moments of play and time spent together with your child it can create a strong foundation for curiosity.

STEM Moments: Everyday Fun with Science TSTF

STEM Moments: Everyday Fun With Engineering and Tech TSTF

Early Math Resources TSTF

Crafts and Experiments for Kids PBS Kids

Help Your Child Develop Early Math-Skills Zero to Three

10 Tips to Support Children's Science Learning NAEYC

Engaging Preschoolers in STEM: It's Easier Than You Think! Stanford DREME Network

Videos

Video: Everyday Fun with Science TSTF

Video: Everyday Fun with Engineering and Tech TSTF