

Let's Talk About Love!

Sample Social Media Posts



Facebook

Making a special meal for someone you care about is a great way to show your love for them. Have your child help prepare dinner for the family and as you cook together, talk about the ingredients you are using. Point out the measurements as you add things to the pot. "We are pouring in one cup of rice, two cups of water, a pinch of salt, and a whole lot of love!" #TalkingIsTeaching

Cut out a few paper hearts using construction paper. Together with your child, come up with compliments to write on each heart like "You are sweet!" and "I love your outfit!" While out with your little one, encourage them to give the compliment hearts out to people in the community to help share love and kindness in your neighborhood. For more ideas on how to talk, read, and sing together about kindness, click here: <https://talkingisteaching.org/kindness>

Twitter

At bedtime, snuggle with your little one and sing some lullabies. These loving moments of bonding also help your child expand their vocabulary, build language skills, and stimulate their brain development. #TalkingIsTeaching

Help your child write a love song about someone or something they love! Start with making a list of words that come to mind when you think of the word "love." Then, use a familiar melody and replace the lyrics with your own. #TalkingIsTeaching

Instagram

Asking your child questions about themselves helps to develop their self-confidence. Showing interest in your child's interests also makes them feel important, valued and loved. Spend time asking your little one to tell you about their favorite things like which animals they love most or what their favorite games are. #TalkingIsTeaching

Look through a few books with your child and point out things that make the characters in the pictures different or unique. Whether it's the way our hair looks, our freckles, our size, or the color of our skin; our differences make us beautiful. Teach your little one that every part of us is worthy of love!
#TalkingIsTeaching