

Let's Talk About Preschool!

Sample Social Media Posts



Facebook

When talking about the first day of preschool with your little one, use words to show your excitement! Children can pick up the emotions that you may be feeling. By saying “I know that you’re going to have a great day at preschool and I’m so excited for you!”, this may make the idea of preschool less scary for your child!

During preschool, your child may receive stickers from his teacher. You can turn these stickers into a happy memory by starting a “sticker book”! Take a few sheets of paper and fold them in half, then staple the edges. Whenever your child receives a new sticker, he can put it in his book! At home, you can talk about the stickers he received. “What color is this sticker? Which sticker is your favorite?” #TalkingIsTeaching

To help your child understand what preschool will be like, play make-believe with dolls or toys! With the toys, practice what the preschool routine could look like, from driving to school and drop-off, to snack time and crafts time! This can also help prepare your little one for the new routines of starting preschool. Ask, “What part of preschool are you excited about?” #TalkingIsTeaching

Twitter

The ability to express and recognize feelings is important, especially as your child starts to attend preschool. Encourage your little one to label how they’re feeling, from happy, mad, sad, to scared. For more social-emotional development tips, click here: <https://bit.ly/2UPsanm>

With your little one, make an “all about me” poster that shows your child’s likes and dislikes! This poster can be helpful for her preschool teacher on the first day of school. Ask your little one questions as you make the poster. “What’s your favorite toy?” #TalkingIsTeaching

Instagram

The preschool years will fly by quickly! As a fun way to remember the great days of preschool, make a “back to school” time capsule with your little one. Throughout the year, put items into the time capsule, from stories of great thing that happened, to crafts that your child makes. At the end of the year, you can go through the time capsule with your little one and talk about your favorite moments! #TalkingIsTeaching