LET'S TALK, READ AND SING ABOUT SPORTS
BOOK AND VIDEO RECOMMENDATIONS FOR YOUNG CHILDREN

**BOOKS**

*Let’s Play Basketball!*
By: Charles R. Smith, Jr.
Basketball is bored and wants to play! “Take me outside and play with me”, says he! This book encourages kids to get outside and bounce, dribble, spin, dance, throw a basketball, and more!

*Maisy’s Sports Day*
By: Lucy Cousins
Maisy and her friends are excited about Sports Day! They have an egg and spoon race, a sack race, a three-legged race, and more! Your little one will learn about teamwork and friendly competition in this colorful story.

*Bounce*
By: Doreen Cronin and Scott Menchin
Can you bounce like a bunny or a frog? Can you bounce a ball on your nose or your toes? Find out all the fun ways you can bounce and come up with your own ideas in this fun book!

*Watch Me Throw the Ball! (An Elephant and Piggie Book)*
By: Mo Willems
Elephant is very serious about learning to throw a ball, but Piggy just wants to have fun! Join these two best friends as they play with a ball.

*Peppa Pig: Peppa Goes Swimming*
By: Scholastic
Join Peppa Pig, her family, and her friends for a fun day as they practice jumping in and swimming in a pool together. This book is available in both English and Spanish.

**VIDEO**

*Talk and Move Together*
Encourage your baby to move in fun and new ways, describing their movements as they go. Build your baby’s balance by gently bouncing baby on your knees while holding hands. Say, “Up! Down! Side to side!” as you cheer baby on. What other ways can you talk and move together? Watch the video in English [here](https://talkingisteaching.org/resources/video-talk-and-move-together).

For more tips and information, please visit: [www.talkingisteaching.org](http://www.talkingisteaching.org)