

#TALKINGISTEACHINGTIPS CALENDAR



Talk, read, and sing with your children every day! Simple interactions like the ones below can help boost children's brain and language development, setting them up for success in school and beyond. Please share photos of your family talking, reading, and singing using the hashtag #TalkingIsTeachingTips.

1

Sit on the floor with your toddler and roll a ball back and forth. Who can roll the ball the slowest? How about the fastest?

2

Wiggle your worries
Family game night is a great time to practice good sportsmanship. Encourage each other as you play games and be sure to cheer for the winner!

3

Pretend to be athletes warming up for a big game. How many jumping jacks can you do? Count aloud as you jump together!

4

How many ways can you race with your little one? Running, hopping, crawling, rolling... get creative and have fun making up new ways to race!

5

If your family had its own sports team, what would you name it? What would its colors be?

6

Football, soccer balls, basketballs... Talk with your little one about what all sports balls have in common and what makes them different!

7

As you read a book together, have your child help turn the pages. Now you're reading as a team! Talk about other ways you can work as a team.

8

Talk with your child in your native language. Speaking together in two or more languages builds your baby's brain.

9

Talk about water on a rainy or snowy day! What does water feel like? Taste like? Sound like?

10

During bedtime, talk with your baby about your favorite parts of the day.

11

When you read together, let your baby help turn the pages—it can help build their interest in books.

12

Cuddle and share a story about your childhood. It's a great way to bond with your baby.

13

Use colors to express feelings! Encourage your child to scribble or draw a picture using colors to show how he is feeling. Talk together about the colors and feelings.

14

Laughing is an important part of learning! Play fun games like "peek-a-boo" or sing funny nursery rhymes.

15

Go on a number hunt! Take turns pointing to and naming the numbers you see on signs, in books, or at the store!

16

Grow your baby's vocabulary by using big words like "humongous" or "gigantic" instead of "big."

17

As you do laundry, play a game of finding the matching pairs of socks with your baby.

18

Spending time drawing and coloring with your child can develop her creative, motor, and language skills! Ask her to draw their favorite food or animal!

19

Practice saying and spelling your child's name with them! Write it out and trace the letters together, or spell out their name in a song!

20

Talk with your baby about his day! Ask them what he did, how he felt, and what he wants to do tomorrow!

21

When you go on a walk with your baby, count the trees, leaves, cars, or animals that you see.

22

Talk about clothing and the weather. "What do we wear when it is cold? Warm?"

23

Turn on your baby's favorite songs and move your bodies as you dance together!

24

Ask questions about your child's art. You can say, "I noticed you used the color blue. Why?"

25

Go on a "shape hunt" with your little one. Search for different shapes in your home and around your neighborhood.

26

Celebrate the things that make your child unique! Create a song with your little one about what makes her special and sing it together.

27

Use words to describe time with your child as you do different activities. Was the walk long or short? Do you like long walks or quick walks?

28

At the grocery store, give your baby an apple to hold in each hand. Ask, "Which is heavier? Which is lighter?"

29

Have fun pretending to move and sound like different animals. "Ribbit and hop like a frog" or "chirp and flap your wings like a bird"!

30

Have fun playing outdoors with your baby and talking about what you see together!



TOO SMALL TO FAIL

