

LET'S TALK ABOUT MATH!

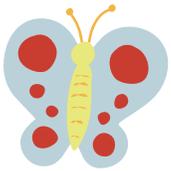


Research tells us that exposing children to math early improves their success in school. Talking to young children about numbers helps their brains develop and improves their confidence with math later on. So, get counting! These ideas will help spark your child's math interest while you talk, read and sing throughout your day together!



GETTING DRESSED

Link words with actions. As you help your child dress use words to describe their actions. "Lift your arms up, up, up. Now put your arms down, down, down!"



AT THE PLAYGROUND

Count to ten. Count your steps as you walk from the bench to the swings. As you push your child on the swing, count each push. Count to ten, then start over again!



AT THE GROCERY STORE

Describe foods by color and shape. "We need a yellow fruit, can you help me find it? We need some round, red food, can you help me find it?"



BATH TIME

Compare using bath toys. Use measuring cups or containers. "Your container is full, now it's empty! The big container has more water. The small one has less water."



PLAYTIME

Sort by Shapes. Use names of shapes when cleaning up blocks or shape toys. "Let's pick up all the square blocks, now let's pick up all the round balls."



IN THE CAR

Play "I Spy" to describe objects. "I see something green and brown. It's a tree! I see something tall and shaped like a rectangle. It's a building!"



MEAL TIME

Make patterns together. Place kitchen objects in a pattern in front of your child. "Spoon, fork, spoon, fork, spoon... What comes next? Fork!"



BED TIME

Read a book together. Read a simple counting book, or read any book and talk about size, shape, colors, and numbers.

For more math tips and information on the benefits of talking, reading, and singing with your child, visit talkingisteaching.org/math.

