

#TALKINGISTEACHINGTIPS CALENDAR



Talk, read, and sing with your children every day! Simple interactions like the ones below can help boost children's brain and language development, setting them up for success in school and beyond. Please share photos of your family talking, reading, and singing using the hashtag #TalkingIsTeachingTips.

1 Let's look at the sky together. Ask your little one, "What do you see in the sky? What shapes are the clouds?"

2 Draw a picture of the world with your child. Ask, "What questions do you have about the world?"

3 As you walk or drive down the street, talk about what you see. Ask, "What colors do you see? What shapes do you see?"

4 Go outside at nighttime. Can you find any stars? Sing "Twinkle, Twinkle Little Star" together before bed!

5 Use your senses to explore the world! Ask your little one, "What sounds do you hear? What do you see? What do you feel?"

6 Imagine you're going on a trip together. Where do you want to go? How will we get there? What do we need to pack?

7 Can you and your child find any animals outside today? Ask your child, "What animal is that? Where do you think it's going?"

8 Cuddle and share a story about your childhood. It's a great way to bond with your baby.

9 When you go on a walk with your baby, count the trees, leaves, cars, or animals that you see.

10 Grow your baby's vocabulary by using big words like "humongous" or "gigantic" instead of "big."

11 At the grocery store, give your baby an apple to hold in each hand. Ask, "Which is heavier? Which is lighter?"

12 Turn on your baby's favorite songs and move your bodies as you dance together!

13 Your baby loves to hear your voice. Talk, read, and sing together every day.

14 Go on a "shape hunt" with your little one. Search for different shapes in your home and around your neighborhood.

15 Talk with your child in your native language. Speaking together in two or more languages builds your baby's brain.

16 Ask questions about your child's art. You can say, "I noticed you used the color blue. Why?"

17 During bedtime, talk with your baby about your favorite parts of the day.

18 Play "I-Spy" by taking turns naming and describing the things you each see. Say, "I spy with my little eye...a big red truck. You?"

19 Talk with your child about the weather each day! What do they see in the sky when it is sunny, cloudy, or rainy?

20 Have fun pretending to move and sound like different animals. "Ribbit and hop like a frog" or "chirp and flap your wings like a bird"!

21 Talk about your job or workers you see out and about! What is the construction worker building? How does a firefighter help people?

22 Use colors to express feelings! Encourage your child to scribble or draw a picture using colors to show how he is feeling. Talk together about the colors and feelings.

23 Talk about water on a rainy or snowy day! What does water feel like? Taste like? Sound like?

24 Talk about clothing and the weather. "What do we wear when it is cold? Warm?"

25 Use words to describe time with your child as you do different activities. Was the walk long or short? Do you like long walks or quick walks?

26 Use your senses to explore the environment around you! What do you see? Hear? Smell?

27 Go on a number hunt! Take turns pointing to and naming the numbers you see on signs, in books, or at the store!

28 Have fun finding things of different sizes and using words to describe them. Ask, "Can we find something big? Humongous? Small? Tiny? Short? Tall?"

29 Talk about colors and clothing. Say, "I noticed you're wearing a red shirt and blue pants. What colors am I wearing?"

30 Talk about shapes as you eat healthy and yummy snacks! Compare the shape of a square cracker or a round tomato!

