

#TALKINGISTEACHINGTIPS CALENDAR



Talk, read, and sing with your children every day! Simple interactions like the ones below can help boost children's brain and language development, setting them up for success in school and beyond. Please share photos of your family talking, reading, and singing using the hashtag [#TalkingIsTeachingTips](#).

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| 1 1, 2, 3 cars! As you walk, count the number of cars you see driving by. | 2 Talk with your child about the colors of the cars you see. "I see a silver car and a black car. What color car do you see?" | 3 Use cars to teach your child about STEM! "The four circular wheels on the car rotate around an axle. This helps the car move." | 4 Compare the sizes of vehicles you see. "The silver van is bigger and taller than the small blue car next to it. Where can we find another big car?" | 5 Let's make a ramp! Lean a piece of cardboard against the side of a chair and let your child roll toy cars down. Talk together and make predictions. Ask, "Which car will roll the farthest?" | 6 Talk with your little one about your favorite places to go in the car. You can say, "My favorite place to drive to is the beach. What's yours?" |
| 7 Vroom vroom! Beep beep! Talk with your child about the sounds different vehicles make. "Cars honk! How about a bus? A truck?" | 8 As you do laundry, play a game of finding the matching pairs of socks with your baby. | 9 Have fun playing outdoors with your baby and talking about what you see together! | 10 When you read together, let your baby help turn the pages—it can help build their interest in books. | 11 During bedtime, hold your baby close and sing a lullaby. What's your favorite song to sing together? | 12 When you go on a walk with your baby, count the trees, leaves, cars, or animals that you see. |
| 13 Give your baby age-appropriate art materials like chunky crayons and paper to create art together. | 14 At the grocery store, give your baby an apple to hold in each hand. Ask, "Which is heavier? Which is lighter?" | 15 Cuddle and share a story about your childhood. It's a great way to bond with your baby. | 16 During bath time, use words like "sink" or "float" to help your child experiment and learn new words. | 17 Grow your baby's vocabulary by using big words like "humongous" or "gigantic" instead of "big" | 18 Your baby loves to hear your voice. Talk, read, and sing together every day. |
| 19 Turn on your baby's favorite songs and move your bodies as you dance together! | 20 Talk with your child in your native language. Speaking together in two or more language builds your baby's brain. | 21 Go on a "shape hunt" with your little one. Search for different shapes in your home and around your neighborhood. | 22 Talk with your child about the weather each day! What do they see in the sky when it is sunny, cloudy, or rainy? | 23 Ask questions about your child's art. You can say, "I noticed you used the color blue. Why?" | 24 Talk about your job or workers you see out and about! What is the construction worker building? How does a firefighter help people? |
| 25 Play "I-Spy" by taking turns naming and describing the things you each see. Say, "I spy with my little eye...a big red truck. You?" | 26 Talk about water on a rainy or snowy day! What does water feel like? Taste like? Sound like?. | 27 Have fun pretending to move and sound like different animals. "Ribbit and hop like a frog" or "chirp and flap your wings like a bird!" | 28 Use your senses to explore the environment around you! What do you see? Hear? Smell? | 29 Use words to describe time with your child as you do different activities. Was the walk long or short? Do you like long walks or quick walks? | 30 Have fun finding things of different sizes and using words to describe them. Ask, "Can we find something Tiny? humongous?" |

