

# #TALKINGISTEACHINGTIPS CALENDAR



Talk, read, and sing with your children every day! Simple interactions like the ones below can help boost children's brain and language development, setting them up for success in school and beyond. Please share photos of your family talking, reading, and singing using the hashtag #TalkingIsTeachingTips.

1 Take a walk outside with your child and talk about the colors you see. You can ask: "What colors are the leaves on this tree?"

2 Explore with your senses! Touch and smell flowers with your child and ask: "What does it feel like? Smell like?"

3 Talk about the animals you and your child see outside. Which ones can fly? Where do they live?

4 When you're outside, talk with your child about his observations and questions about what he sees and how things work!

5 Let's say, "thank you" together. Have fun creating a thank you card with paper and crayons for someone you are both thankful for.

6 Visit your local library and try to find books about being thankful or about Thanksgiving.

7 Try practicing simple acts of kindness throughout the day. This can help your child develop an attitude of gratitude.

8 Go on a math adventure at the grocery store! Together, count the food items you're placing in your cart with your child.

9 Share a book with your child. As you read, ask questions like: "What do you see? What's your favorite page?"

10 As you're driving or riding the bus, talk about the colors of traffic lights and what they mean - red means stop, green means go.

11 During bedtime, hold your baby close and sing a lullaby. What's your favorite song to sing together?

12 Take turns showing each other different faces and use words to describe them: "We're smiling because we're happy!"

13 Have fun singing a silly song about your day with your baby!

14 Take a walk in your local park and talk about the colors, shapes, and sizes you see around you.

15 Play peek-a-boo while getting dressed! Ask, "Where are you?" as you pull a shirt over your baby's head. Then say, "There you are!"

16 During bath time, use words like "sink" or "float" to help your child experiment and learn new words.

17 During snack time, sing about food and make fun food rhymes like "banana fanana"!

18 Everywhere you go, use words to talk about what you see and what your baby is looking at or pointing to.

19 Share a nursery rhyme with your child today. Use your hands and body to bring the words to life!

20 Use words to describe how food tastes or smells. Ask, "What does this apple feel like? Taste like? Smell like?"

21 Share a book or a song in your native language. It's a great way to introduce your child to your home culture!

22 Sing "Old MacDonald" with your child, and change the animals on the farm to other animals or objects you see in your home!

23 Begin a daily gratitude routine with your child. Each day at bedtime, take turns sharing things you were thankful for that day.

24 Books can help children develop empathy! When reading together ask questions like: "How do you think the character feels?"

25 As you help your child get dressed, talk about colors of his clothes. You can say: "Your socks are red and soft!"

26 Sing songs like "Five Little Monkeys" that have simple counting patterns to help your child learn early math skills.

27 During bath time, play fill and dump with a cup. This teaches your child about measurement concepts like full and empty.

28 Your baby loves to hear to hear the sound of your voice! Talk about what you're doing and name objects around you.

29 At the grocery store, describe the food you put in your cart using words like big, tall, wide, or tiny.

30 As you do laundry, describe the clothes you're folding: "This shirt is humongous! What else can we find that's humongous?"

