

Too Small to Fail Topics Calendar (February 2019)

I. February Observances & Events:

- Black History Month
- 02/11 International Day of Women and Girls in Science
- 02/14 Valentine’s Day
- 02/17 National Random Acts of Kindness Day

Topics	Sample Resources
<p>02/04 – 02/10 Celebrating Diversity</p> <p>Children start picking up on differences as early as six months-old. It is never too early for parents to start teaching them important concepts such as same and different, and empathy. By modeling and encouraging tolerance and empathetic behaviors, parents can teach their children early on and help them understand that the differences among us enrich our lives.</p> <ul style="list-style-type: none"> ● Black History Month 	<p>Celebrate Diversity TSTF</p> <p>6 Ways Parents Can Raise Empathetic Children TSTF</p> <p>How to Teach Children About Cultural Awareness and Diversity PBS Parents</p> <p>Black History Month Reading Rockets</p> <p>Teaching Children About Diversity PBS Parents</p> <p>How to Raise Non-Judgmental Children: 5 Way to Build Empathy and Compassion Huffington Post</p> <p>Teaching Children Empathy NYT</p> <p>We Are All the Same: Teaching Empathy Through the Arts Huffington Post</p> <p>How to Help Your Child Develop Empathy Zero to Three</p>

	<p>Video</p> <p>Same and Different Sesame Street</p> <p>Lupita Nyong'o Loves her Skin Sesame Street</p> <p>I love my Hair Sesame Street</p>
<p>02/11 – 02/17 Cultivating Nurturing Relationships</p> <p>Nurturing relationships with parents and caregivers lay the foundation for children’s healthy social-emotional development. A loving and secure environment helps children feel safe and develop trust.</p> <ul style="list-style-type: none"> ● 02/11 International Day of Women and Girls in Science ● 02/14 Valentine’s Day ● 02/17 National Random Acts of Kindness Day 	<p>Small Children Have Big Feelings TSTF</p> <p>How Bonding Builds Babies Brains TSTF</p> <p>All We Need Is A Little Love (Mostly) TSTF</p> <p>The Incredible Benefits Of Simply Holding Your Baby Close Huffington Post</p> <p>Why relationships Are Important for Development Raising Children</p> <p>Bonding With Your Baby Healthy Children</p> <p>Bonding With Your Newborn BabyCenter</p> <p>30 Little Ways to Bond With Baby Parenting</p> <p>Your Baby’s Brain, Part 2: Environmental Influence Huffington Post</p> <p>A Parent’s Touch Actually Transforms A Baby’s Brain Huffington Post</p>
<p>02/18 – 02/24 Resilience In Young Children</p> <p>Resilience refers to the protective skills and supportive environments that help children cope and succeed in the face of difficult circumstances. One of the major</p>	<p>ACEs, Toxic Stress, and the Importance of Relationships in Supporting Child Development TSTF</p> <p>Toxic Stress By Nadine Burke Harris</p>

ways children develop resilience is through stable and nurturing relationships with parents and caregivers. These supportive relationships built through daily interactions protect little ones from toxic stress.

[The Surprising Key to Resilience](#) Huffington Post

[Building Resilience in Children](#) Healthy Children

[How to Raise an Emotionally Resilient Child](#) PBS Parents

[Achieving Full Potential — The Science of Child Resiliency Explained](#)
Huffington Post

[How \(and Why\) To Create Emotional Safety For Our Kids](#) Washington Post

[Why a Baby's Connection With a Parent Matters](#) New York Times

[Resilience](#) Harvard Center on the Developing Child

[The Science of Resilience](#) Harvard Graduate School of Education

Video

[How Childhood Trauma Affects Health Across A Lifetime](#) Ted Talks

02/25 - 03/03 Dual Language Learners

Bilingualism has many benefits. Research shows children who hear more than one language spoken at home tend to better develop executive function, have better social skills and less behavioral problems later in life.

It is important for parents to help their children learn their native language, by talking, reading, and singing with them in that language.

[Tips for Using Language at Home and in the Community](#) TSTF

[Dual Language Learners: Five Tips for Parents](#) TSTF

[No Matter the Language, Babies Thrive on Communication](#) TSTF

[Hearing Bilingual- How Babies Sort Out Language](#) NYT

[Raising a Bilingual Child: The Importance of Reading](#) BabyCenter

[How the Brain Benefits From Being Bilingual](#) Time

[Why You Shouldn't Stop Speaking Spanish at Home](#) Univision News

[Raising Bilingual Children: Who Should Speak What?](#) Huffington Post

[Speaking multiple languages can influence children's emotional development](#) Science Daily

[Bilingual Children Have a Better 'Working Memory' than Monolingual Children](#) Science Daily