

# #TALKINGISTEACHINGTIPS CALENDAR



Talk, read, and sing with your children every day! Simple interactions like the ones below can help boost children's brain and language development, setting them up for success in school and beyond. Please share photos of your family talking, reading, and singing using the hashtag #TalkingIsTeachingTips.

**1** When you do laundry, talk about the bubbles together. Say, "Let's find bubbles in the washer! How are they moving?"

**2** Play dress up! Talk about the colors of the fabric and how they feel. Use words like soft or bumpy.

**3** While getting dressed in the morning, describe the clothes. Say, "You're wearing a red shirt and brown pants. What colors am I wearing?"

**4** Find a pair—any two things that match! Talk about numbers and use math words like pair. Say, "One, two. Two socks. That's a pair!"

**5** Describe clothes you wear for different weathers. You can say, "When it's cold outside, we wear cozy sweaters to stay warm."

**6** Play I-Spy! Take turns finding clothes you need to put in the washer. "I-Spy your little blue shirt that is soft."

**7** Sing a song! Make up a fun song about clothes while your baby claps, sings, and dances along!

**8** As you do laundry, play a game of finding the matching pairs of socks with your baby.

**9** Have fun playing outdoors with your baby and talking about what you see together!

**10** When you read together, let your baby help turn the pages—it can help build their interest in books.

**11** During bedtime, hold your baby close and sing a lullaby. What's your favorite song to sing together?

**12** When you go on a walk with your baby, count the trees, leaves, cars, or animals that you see.

**13** Give your baby age-appropriate art materials like chunky crayons and paper to create art together.

**14** At the grocery store, give your baby an apple to hold in each hand. Ask, "Which is heavier? Which is lighter?"

**15** Cuddle and share a story about your childhood. It's a great way to bond with your baby.

**16** During bath time, use words like "sink" or "float" to help your child experiment and learn new words.

**17** Grow your baby's vocabulary by using big words like "humongous" or "gigantic" instead of "big"

**18** Have fun pretending to move and sound like different animals. "Ribbit and hop like a frog" or "chirp and flap your wings like a bird"!

**19** Turn on your baby's favorite songs and move your bodies as you dance together!

**20** Talk with your child in your native language. Speaking together in two or more language builds your baby's brain.

**21** Go on a number hunt! Take turns pointing to and naming the numbers you see on signs, in books, or at the store!

**22** Talk with your child about the weather each day! What do they see in the sky when it is sunny, cloudy, or rainy?

**23** Ask questions about your child's art. You can say, "I noticed you used the color blue. Why?"

**24** Talk about your job or workers you see out and about! What is the construction worker building? How does a firefighter help people?

**25** Play "I-Spy" by taking turns naming and describing the things you each see. Say, "I spy with my little eye...a big red truck. You?"

**26** Talk about water on a rainy or snowy day! What does water feel like? Taste like? Sound like?.

**27** Have fun pretending to move and sound like different animals. "Ribbit and hop like a frog" or "chirp and flap your wings like a bird"!

**28** Use your senses to explore the environment around you! What do you see? Hear? Smell?

**29** Use words to describe time with your child as you do different activities. Was the walk long or short? Do you like long walks or quick walks?

**30** Have fun finding things of different sizes and using words to describe them Ask, "Can we find something Tiny? humongous?"

