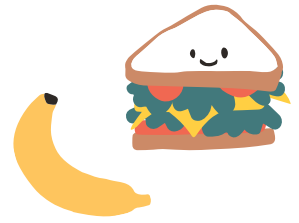


LET'S TALK, READ AND SING ABOUT FOOD!

BOOK AND VIDEO RECOMMENDATIONS FOR YOUNG CHILDREN

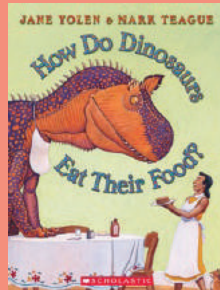


BOOKS

How do Dinosaurs Eat Their Food

By: Jane Yolen

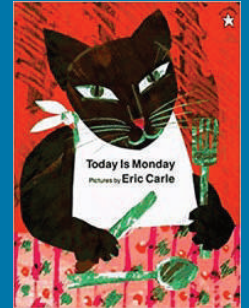
Children as well as dinosaurs often have trouble with good table manners, however this book will help them learn!



Today is Monday

Pictures by: Eric Carle

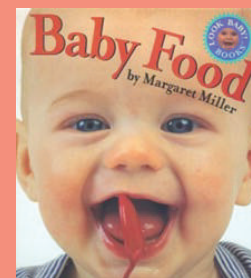
Young children will enjoy these verses as animals parade, munching on favorite dishes, and introducing the names of the days of the week.



Dragons Love Tacos

By: Adam Rubin

Children and adults alike will enjoy this delightful book about throwing a taco party for dragons and what happens if you feed them spicy salsa!



Baby Food

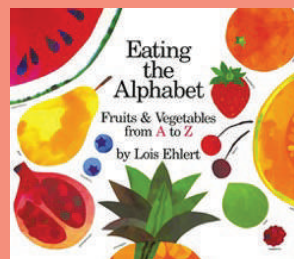
By: Margaret Miller

Babies will love this board book featuring photos of babies at mealtime with their favorite foods including bananas, crackers and more!

Eating the Alphabet Fruits and Vegetables from A to Z

By: Lois Ehlert

Children will learn letters and new names for fruits and vegetables as they explore this fun and colorful alphabet book.



VIDEO



Introduce math to your child during everyday activities!

Mealtime is a perfect time to introduce early math concepts like counting! Say, "Let's put all the oranges in one pile and your apples in another. Now, let's count how many fruit there are all together."

Find more fun math activities that you can with your child anywhere at: <http://talkingisteaching.org/resources/highlights-guide>

For more tips and information, please visit: www.talkingisteaching.org

