

Let's Talk About Nighttime!
Sample Social Media

LET'S TALK ABOUT BEDTIME



Facebook

Make singing together a part of your baby's nighttime routine when you create your own lullaby! Check out the lullaby tip sheet and video from Too Small to Fail and Carnegie Hall: <http://talkingisteaching.org/resources/sing-to-your-baby-create-your-own-lullaby>

A new year can mean new nighttime routines. Learn more from Baby Center about how you can establish a bedtime routine with your baby. https://www.babycenter.com/0_establishing-a-bedtime-routine-with-your-baby_1507759.bc

Twitter

Head outside with your little one to look at the stars and the moon! Talk about the phases of the moon, or the patterns in the stars.
#TalkingIsTeaching #LetsTalkNighttime

#DYK? Singing a lullaby with your baby during bedtime not only can help her fall asleep at night, but also can support her early language development! #TalkingIsTeaching #TalkReadSing