

Too Small to Fail Topics Calendar (April 2018)

I. April Observances & Events

- International Children’s Book Day (April 2)
- World Health Day (April 7th)
- World Art Day (April 15th)
- Earth Day (April 22nd)
- National Poetry Month
- National Humor Month

II. Proposed Topics

Topics	Sample Resources
<p>04/02 - 04/08 The Important Role of Healthy Foods</p> <p>Nutrition is key to healthy physical development, but proper nutrition is needed for healthy brain development, too. Nutrition is particularly important during pregnancy and infancy when a child’s brain is undergoing rapid changes. This week we’ll explore how nutrition lays the foundation for children’s cognitive, motor, and social-emotional skills, and describe how parents can support optimal nutrition for their young children.</p> <ul style="list-style-type: none"> ● International Children’s Book Day (April 2) ● World Health Day (April 7th): #worldhealthday 	<p>Video: Talk About Healthy Foods TSTF</p> <p>Nutrition & Brain Development in Infants, Toddlers & Preschoolers. SF Gate.</p> <p>How does nutrition affect the developing brain? Zero to Three.</p> <p>Food for thought – diet does boost your intelligence. The Telegraph.</p> <p>Podcast: Feeding the Body and the Mind: Nurturing Healthy Eating Habits from the Start. Zero to Three.</p> <p>Making Healthy Food Choices. AAP.</p> <p>Nutrients You Need. Kids Health.</p> <p>The Daily Struggle of Making a Toddler Dinner Huffington Post</p> <p>Healthy from the Start Zero to Three</p>

	<p>Nutrition and Early Brain Development The Urban Child Institute</p> <p>Childhood Nutrition Healthy Children</p>
<p>04/09 - 04/15 Developing Your Child’s Sense of Humor</p> <p>Laughter and humor are an important part of play. Humor is a great way for parents to connect with their children, and a sense of humor helps children emotionally and socially. Depending on the age, children appreciate different types of humor. This week, we will explain the benefits of developing a sense of humor in children and share tips on how you and your child can laugh together from early on.</p> <ul style="list-style-type: none"> ● World Art Day (April 15th): #WorldArtDay ● National Humor Month: #HumorMonth #NationalHumorMonth 	<p>Babies Are Tiny Comedians NY Magazine, Science of Us.</p> <p>Encouraging Your Child’s Sense of Humor Kids Health</p> <p>What's Funny to a Toddler Kids Health</p> <p>How to Raise a Fun and Funny Child Baby Center</p> <p>Books for Laughing Together NAEYC for Families</p> <p>When Do Babies Start Laughing? New Kids-Center</p> <p>Make Your Baby Laugh! Parents Magazine</p> <p>Why Do Babies Laugh Out Loud? BBC</p> <p>Why Laughter is a Sign of Learning Parents Magazine</p> <p>Ages & Stages: Don't Forget to Laugh! The Importance of Humor Scholastic</p> <p>Humor As A Key to Child Development PsychCentral</p> <p>The Joke’s In You APA</p>

04/16 - 04/22 Exploring the World Through Nature Play

This week, in celebration of Earth Day, we will highlight the benefits of exploring nature through outdoor play. Early experiences in nature can help children learn about the world and become environmentally conscious adults!

- Earth Day (April 22nd)

[Getting to the Root: Fostering a Child's Love of Nature from an Early Age](#) Clinton Foundation

[STEM Moments: Everyday Fun with Science](#) TSTF

[6 Ways Preschoolers Can Celebrate Earth Day](#) Parents Magazine

[20 Earth Day Crafts & Activities for Kids](#) No Time for Flashcards

[Engaging Toddlers in Nature Play](#) NAEYC

[Getting Your Kids to Plug into Nature](#) PBS Parents

[How to Raise a Wild Child: The Art and Science of Falling in Love with Nature](#) Huffington Post

[Be a Spring Explorer: 5 Nature Activities for Kids](#) Parents Magazine

[Science in the Backyard or Park](#) PBS Parents

[Science Around the Neighborhood: Preschoolers & Kindergarten](#) PBS Parents

VIDEO:

[Nature Walk](#) Sesame Street

04/23 - 04/29 Using Poetry to Promote Language Development

Poetry can help children learn new vocabulary and develop their understanding of how language works. This week, we will share resources to help parents understand the benefits of poetry, as well as tips on how to share poems and nursery rhymes with children.

- Poetry Month: #PoetryMonth

Infographic: [Arts from the Start](#) TSTF

[Sing with Your Baby](#) TSTF

[Sing To Your Baby: Create Your Own Lullaby](#) TSTF

[The Power of Poetry](#) Parents.com

[Read a Little Poem](#) NAEYC

[Sharing the Power of Poetry with Your Child](#) PBS Parents

[Make Time for Rhyme](#) Huffington Post

[Rhyme Time](#) Parents Magazine

[The Surprising Meaning and Benefits of Nursery Rhymes](#) PBS Parents

[Babies Use Their Tongues to Understand Speech](#) The Atlantic

[9 Ways to Encourage Baby's Speech Development](#) The Huffington Post

[Sesame Street: Big Bird's Sun Poem](#)

[Spring: Poems for Kids](#)

[How to Write a Nature Poem Like Roald Dahl](#)

[Nature: Poems for Kids](#)

Twitter Only

[Understanding 'Ba Ba Ba' as a Key to Development](#) NYT