

## Let's Talk About Play!

### Sample Social Media Posts

# LET'S TALK ABOUT PLAY



### Facebook

Play time is fundamental to your child's early development. Check out our tip sheet for everyday play activities to support your little one's cognitive, social, and emotional skills. <http://bit.ly/2FW6JrK>

Outdoor play can teach your child to think critically, strengthen his muscles and bones, and improve his social skills. Read more about the benefits of outdoor play and learn how you can incorporate it into your little one's everyday routine. <http://bit.ly/2FSNnE5>

Play time can be talk time, too! Learn about our work to turn community playgrounds into places for children and caregivers to engage in conversations while having fun. <http://theatln.tc/2gQNfWx>

### Twitter

Going on a daily walk with your child is a great way to encourage outdoor play and enjoy bonding as a family.

Plays games like Hide-and-Seek or Red Rover to get your little one active and have fun together!

Singing and dancing with your baby is a great way to stay active together. Check out our Spotify playlist for music you and your child can move to all day long. <http://bit.ly/2wBuggO>

Create a scavenger hunt for your child! As you look for things together, describe the colors and shapes of the objects you find. This can help him learn about nature while playing outside.