Let’s Talk, Read and Sing About Sunshine!
Book and Video Recommendations for Young Children

Books

The Sun is My Favorite Star
By: Frank Asch
There are many stars in the galaxy. But only the sun wakes us in the morning, helps us grow, plays hide-and-seek, and paints pretty pictures in the evening sky.

Sunny Day
By: Anna Milbourne & Elena Temporin
Using simple text and illustrations, describes how sunflowers, insects, birds, and people react to the warm weather from dawn to dusk on a sunny day.

Good Night Sun, Hello Moon
By: Karen Viola
The pages of this very special bedtime tale—about a father and mother bunny trying to convince their little one to say good night to the sun—are graduated to give the illusion of a beautiful sun disappearing as a sleepy moon comes out in the night sky.

Sunshine
By: Jan Ormerod
In this award-winning wordless picture book, young ones follow a little girl as she goes throughout her day. Charming illustrations show the first rays of morning light shining into the little girl’s bedroom, waking her up. She goes about her morning routine and watches as her parents do the same. She eats cereal, climbs in bed with mom and dad as they read the paper and drink coffee, brushes her teeth, gets dressed, and goes out the door ready for school. Children enjoy providing their own commentary and comparing their personal routines to hers.

Hello Sun!
By: Hans Wilhelm
Upon feeling a sunbeam for the first time, a young hedgehog decides to build a treehouse so that he can see the sun itself, and despite teasing and a bet with a willy fox, he finds a way to get the job done.

Music

Sing along with your child in the sunshine!
Singing together can boost children’s early brain and language development. So we’ve partnered with Spotify to create fun music playlists for everyday family moments. Have fun singing along with your child while going on a drive or taking a walk in the sunshine!
Enjoy these tunes by visiting talkingisteaching.org/spotify

For more tips and information, please visit: www.talkingisteaching.org