

Too Small to Fail Topics Calendar (July 2018)

I. July Observances & Events:

- July 1: TSTF - NBCDI Book Distribution
- Independence Day: July 4th
- National Parents' Day: July 22nd

II. Proposed Topics

Topics	Sample Resources
<p>07/02 - 07/08 The Important Role of Water and Healthy Foods</p> <p>Nutrition is key to healthy physical development, but proper nutrition is needed for healthy brain development, too. Nutrition is particularly important during pregnancy and infancy when a child's brain is undergoing rapid changes. This week we'll explore how nutrition lays the foundation for children's cognitive, motor, and social-emotional skills, and describe how parents can support optimal nutrition for their young children.</p> <p>(Highlight NBCDI book distribution through social)</p> <ul style="list-style-type: none"> ● Independence Day: July 4th 	<p>Video: Talk About Healthy Foods TSTF</p> <p>Good Nutrition For Healthy Bones and Healthy Brains.</p> <p>TSTF</p> <p>Learning and Good Health Begin in the Womb TSTF</p> <p>How does nutrition affect the developing brain? Zero to Three.</p> <p>Nutrients You Need. Kids Health.</p> <p>Healthy from the Start Zero to Three</p> <p>Nutrition and Early Brain Development The Urban Child Institute</p> <p>Childhood Nutrition Healthy Children</p>

	<p>4 Ways to Instill Healthy Eating Habits in Kids Huffington Post</p> <p>Why Drinking Water is the Way to Go Kids Health</p> <p>Stay on Track with Healthy Snacks PBS Parents</p> <p>Sesame Street: Healthy Foods Sesame Street</p> <p>How does nutrition affect the developing brain? Zero to Three</p> <p>Making Healthy Food Choices Healthy Children</p>
<p>07/09 - 07/15 Understanding Your Child’s Early Brain Development</p> <p>Brain development is a lifelong process but rapid growth happens in the first three years. This week, we will share resources to help parents and caregivers understand and support their little ones’ early brain development.</p>	<p>Developmental Milestones TSTF</p> <p>Your Baby's Brain Development BabyCenter</p> <p>Brain Development ZERO TO THREE</p> <p>Brain Development in Children Parenting</p> <p>Frequently Asked Questions About Brain Development ZERO TO THREE</p> <p>Inside a Child's Mind: A Visual Guide BabyCenter</p> <p>Studying Young Minds, and How to Teach Them NYT</p> <p>Twitter Only</p>

	<p>Childhood Stimulation Key to Brain Development, Study Finds The Guardian</p> <p>Children and Brain Development: What We Know About How Children Learn University of Maine</p> <p>Brain Architecture Center on the Developing Child</p>
<p>07/16 - 07/22 Bonding With Your Child</p> <p>Bonding with your newborn baby is a very important aspect of parenting and starts with simple, everyday interactions. Loving relationships with parents and caregivers help children feel safe and lay the foundation for their healthy social-emotional development.</p> <ul style="list-style-type: none"> • National Parents’ Day: July 22nd 	<p>Small Children Have Big Feelings TSTF</p> <p>How Bonding Builds Babies Brains TSTF</p> <p>All We Need Is A Little Love (Mostly) TSTF</p> <p>The Incredible Benefits Of Simply Holding Your Baby Close Huffington Post</p> <p>Bonding With Your Baby: Ideas Raising Children</p> <p>The New Science of Mother-Baby Bonding Parenting</p> <p>Bonding With Your Newborn BabyCenter</p> <p>30 Little Ways to Bond With Baby Parenting</p> <p>Your Baby’s Brain, Part 2: Environmental Influence Huffington Post</p>

	<p>A Parent's Touch Actually Transforms A Baby's Brain Huffington Post</p>
<p>07/23 - 07/29 The Benefits of Music in Early Childhood</p> <p>In addition to being fun, listening to music and singing with your little ones has many benefits. It is a great way to introduce children to new words and sound patterns. Music is more than words, when children are actively engaged with music – clapping, bouncing, and dancing – they develop motor skills and body coordination.</p>	<p>Sing With Your Baby Tipsheet TSTF</p> <p>How To Write A Lullaby TSTF/Carnegie Hall</p> <p>Spotify Playlist TSTF</p> <p>Lullaby Project Lullabies Carnegie Hall</p> <p>Why Making Music Matters: Music and Early Childhood Development Carnegie Hall</p> <p>10 Ways Babies Learn When We Sing To Them! NAEYC</p> <p>Beyond Twinkle, Twinkle: Using Music with Infants and Toddlers ZERO TO THREE</p> <p>Singing to Children May Help Development of Language Skills The Guardian</p> <p>Newborn Babies in Study Recognized Songs Played to Them While in the Womb Washington Post</p>

07/30 - 08/05 Learning about Language Development

Children learn language by listening to people around them. Parents and caregivers can help their little ones develop language skills by taking advantage of everyday moments to talk, read, and sing with them from birth.

[How Can I Help my Child Develop a Good Vocabulary?](#)

BabyCenter

[Pretending to Understand What Babies Say Can Make Them Smarter](#) The Atlantic

[It Takes Two: The Roots of Language Learning ZERO TO THREE](#)

[Toddler Milestone: Talking](#) BabyCenter

[Talking With Kids: Age-by-Age Insights](#) PBS Parents

[From Cries to Conversations: The Development of Communication Skills from Birth to 3](#) ZERO TO THREE

[Tips on Learning to Talk](#) ZERO TO THREE

[Fun Activities to Promote Speaking Skills](#) BabyCenter

Twitter Only

[Smart Talk](#) Usable Knowledge - Harvard Graduate School of Education

[Let's Talk](#) Usable Knowledge - Harvard Graduate School of Education

[Understanding 'Ba Ba Ba' as a Key to Development](#) NYT