



DIAPER TIME IS TALK TIME

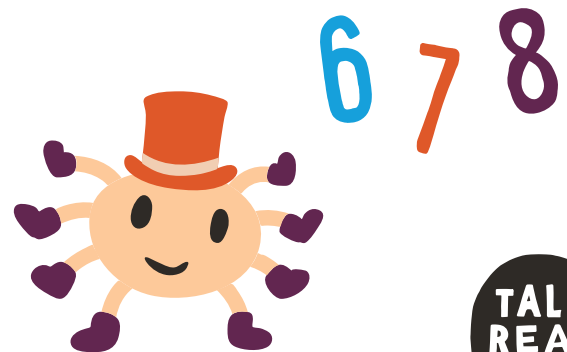
LET'S TALK
ABOUT MATH



Talk, read, and sing with your children—right from the start. It builds young brains and prepares them for success in school and in life. In fact, very young children can learn some of the basic concepts of early math.

Diaper time is a perfect opportunity for you to bond with your baby by counting, singing, and talking about early math skills. Here are fun, simple tips to bring math talk into everyday moments!

- **Describe what you see.** Use descriptive words to talk about what baby is looking at.
- **Sing and clap together.** One clap for each syllable builds understanding of one-to-one correspondence.
- **Add it up.** Talk about addition with baby's clothes. Two socks plus two shoes equals four!
- **Compare big and small objects.** Whose hands are big and whose are small?
- **Count fingers and toes.** Make it fun and modulate your voice as you count to 10!
- **Make up a math song.** Count and rhyme as you go through your diaper routine.
- **Find the pattern.** Use baby's clothes to find and describe patterns like stripes and dots.
- **Link words with actions.** When you move your baby, put words with the actions. Lift them "up, up, up" and then "down, down, down!"



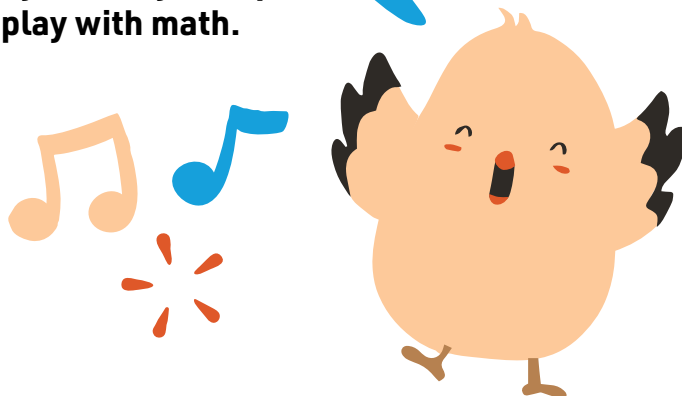
DIAPER TIME MATH SONGS

Hang this up somewhere where you change your baby's diaper to remind you of fun ways to talk, sing and play with math.

THE EENCY WEENCY SPIDER AND THE GREAT BIG SPIDER

The Eency Weency Spider
Crawled up the water spout.
Down came the rain
and washed the spider out.
Out came the sun
And dried up all the rain.
And the eency weency spider
Went up the spout again.

The great big spider
Crawled up the water spout.
Down came the rain
And washed the spider out
Out came the sun
And dried up all the rain.
And the great big spider
Went up the spout again.



SHOW TWO HANDS AND SHOW TEN FINGERS

Show 2 hands and show 10 fingers,
Show 2 hands and show 10 fingers,
Show 2 hands and show 10 fingers,
Show them to your friends!

1 little 2 little 3 little fingers
4 little 5 little 6 little fingers
7 little 8 little 9 little fingers
And one more makes ten!

Encourage your friends, family, and community of parents and caregivers to promote children's early brain and language development by sharing special diaper-changing moments on social media with **#DiaperTimeTalkTime**.

For more tips and information on the benefits of talking, reading, and singing with your baby, please visit talkingisteaching.org. These materials are made available through your local diaper bank. Visit nationaldiaperbanknetwork.org to learn more.