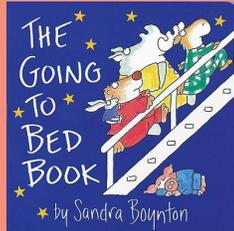


LET'S TALK, READ AND SING ABOUT BEDTIME!

BOOK AND MUSIC RECOMMENDATIONS FOR YOUNG CHILDREN



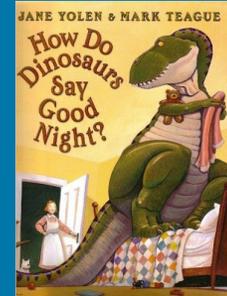
BOOKS



The Going to Bed Book

By: Sandra Boynton

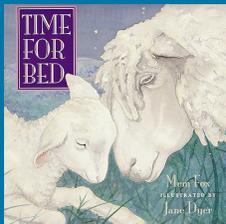
The animal passengers of a large ocean liner brush their teeth, change into their pajamas and, of course, exercise, before winding down to "rock and rock and rock to sleep."



How Do Dinosaurs Say Goodnight?

By: Jane Yolen

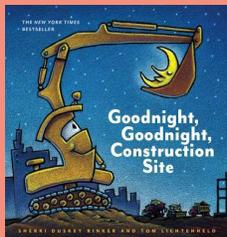
Children will laugh with glee to see young dinosaurs (with, oddly, human parents) behaving very badly, then coming around and doing it right.



Time For Bed

By: Mem Fox

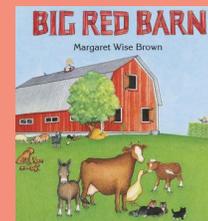
What's better for bedtime than cozy scenes of baby animals and their mothers, paired with musical, fun-to-read, couplets? The book concludes with a human mother and child.



Goodnight, Goodnight, Construction Site

By: Sherri Duskey Rinker

Take a tour of a bustling building site as Crane Truck, Cement Mixer, Dump Truck, Bulldozer and Excavator finish up their jobs and go to bed.



The Big Red Barn

By: Margaret Wise Brown

Watch all the animals prepare for bedtime on the farm in this classic from the author of Good Night, Moon. The colorful illustrations and appealing rhyme are ideal for babies and toddlers.

MUSIC

Singing lullabies can be a soothing part of your child's daily bedtime routine. Listen to these beautiful lullabies written by parents through Carnegie Hall's Lullaby Project: <https://soundcloud.com/carnegiehalllullaby>



For more tips and information, please visit:
www.talkingisteaching.org

