

#TALKINGISTEACHINGTIPS CALENDAR



Talk, read, and sing with your children every day! Simple interactions like the ones below can help boost children's brain and language development, setting them up for success in school and beyond. Please share photos of your family talking, reading, and singing using the hashtag #TalkingIsTeachingTips.

1

Practice counting with your child during clean up time. "Let's pick up 3 toys and put them away in the toy box."

2

Playtime is the perfect time for counting. Build a tall tower out of blocks with your child. "How many blocks did we use? Let's count them together!"

3

When your child is experiencing big feelings like anger or frustration, help them through it with a simple counting exercise. Take a few deep breaths and count backwards from 5 to 1.

4

Children love to be big helpers at home! At dinnertime, have your little one help set the table and count how many plates, utensils, cups, and napkins you will need for your family.

5

Children find so much joy sharing about their day with us. Ask your child to tell you about 5 things that made them smile today!

6

Shapes are everywhere! Go on a shapes hunt in your house and count how many squares, circles, and triangles you find in each room. Which room has the most squares?

7

Count with your little one as you help them get dressed in the morning! How many stripes are on their shirt?

8

Talk with your baby about his day! Ask them what he did, how he felt, and what he wants to do tomorrow!

9

Have fun pretending to move and sound like different animals. "Ribbit and hop like a frog" or "chirp and flap your wings like a bird"!

10

Have fun finding things of different sizes and using words to describe them. Ask, "Can we find something big? Humongous? Small? Tiny? Short? Tall?"

11

Play "I-Spy" by taking turns naming and describing the things you each see. Say, "I spy with my little eye...a big red truck. You?"

12

Talk with your child in your native language. Speaking together in two or more languages builds your baby's brain.

13

Ask questions about your child's art. You can say, "I noticed you used the color blue. Why?"

14

Talk with your child about the weather each day! What do they see in the sky when it is sunny, cloudy, or rainy?

15

Go on a number hunt! Take turns pointing to and naming the numbers you see on signs, in books, or at the store!

16

Give your baby age-appropriate art materials like chunky crayons and paper to create art together.

17

Laughing is an important part of learning! Play fun games like "peek-a-boo" or sing funny nursery rhymes.

18

Talk about water on a rainy or snowy day! What does water feel like? Taste like? Sound like?

19

Use your senses to explore the environment around you! What do you see? Hear? Smell?

20

Spending time drawing and coloring with your child can develop her creative, motor, and language skills! Ask her to draw their favorite food or animal!

21

Talk about your job or workers you see out and about! What is the construction worker building? How does a firefighter help people?

22

As you do laundry, play a game of finding the matching pairs of socks with your baby.

23

When you go on a walk with your baby, count the trees, leaves, cars, or animals that you see.

24

Use words to describe time with your child as you do different activities. Was the walk long or short? Do you like long walks or quick walks?

25

Go on a "shape hunt" with your little one. Search for different shapes in your home and around your neighborhood.

26

Use stories to spark creativity and imagination. During story time, ask your child, "What do you think will happen next?" Or ask her to make up and tell you a story of her own!

27

Use colors to express feelings! Encourage your child to scribble or draw a picture using colors to show how he is feeling. Talk together about the colors and feelings.

28

Establish a consistent family routine, like family game night or eating meals together as often as possible. This strengthens family bonds and can boost your baby's social-emotional development!

29

Cuddle and share a story about your childhood. It's a great way to bond with your baby.

30

Have fun playing outdoors with your baby and talking about what you see together!



**TOO SMALL
TO FAIL**

