

# #TALKINGISTEACHINGTIPS CALENDAR



Talk, read, and sing with your children every day! Simple interactions like the ones below can help boost children's brain and language development, setting them up for success in school and beyond. Please share photos of your family talking, reading, and singing using the hashtag #TalkingIsTeachingTips.

1

Use an article of clothing to play peek-a-boo with your little one during laundry time. Then, talk about the colors on each clothing item!

2

As you start laundry, point out how the clothing basket is full. Once you load the clothes into the washer, the basket is empty! What else is full and empty during laundry time?

3

Have your child help load and unload the laundry. Ask, "Which felt heavier? The wet towel or the dry towel?"

4

With your child, try to spot one article of clothing to match each color of the rainbow. How many colors are in your laundry?

5

Children love to be helpful during laundry time! Assign your child special responsibilities that they can help with like matching socks.

6

Play I-Spy and look for shapes in your laundry room or at the laundromat. What shapes can you spot on a washing machine and dryer?

7

Do you remember what it was like to help your parents with laundry? Tell your baby all about it – he loves to hear your voice!

8

At the grocery store, give your baby an apple to hold in each hand. Ask, "Which is heavier? Which is lighter?"

9

Turn on your baby's favorite songs and move your bodies as you dance together!

10

Talk about shapes as you eat healthy and yummy snacks! Compare the shape of a square cracker or a round tomato!

11

Celebrate the things that make your child unique! Create a song with your little one about what makes her special and sing it together.

12

Have fun playing outdoors with your baby and talking about what you see together!

13

Have fun pretending to move and sound like different animals. "Ribbit and hop like a frog" or "chirp and flap your wings like a bird"!

14

Talk about water on a rainy or snowy day! What does water feel like? Taste like? Sound like?

15

Play "I-Spy" by taking turns naming and describing the things you each see. Say, "I spy with my little eye...a big red truck. You?"

16

Use your senses to explore the environment around you! What do you see? Hear? Smell?

17

Talk with your child in your native language. Speaking together in two or more language builds your baby's brain.

18

Talk about clothing and the weather. "What do we wear when it is cold? Warm?"

19

Talk about colors and clothing. Say, "I noticed you're wearing a red shirt and blue pants. What colors am I wearing?"

20

Go on a number hunt! Take turns pointing to and naming the numbers you see on signs, in books, or at the store!

21

Your baby loves to hear your voice. Talk, read, and sing together every day.

22

Practice saying and spelling your child's name with them! Write it out and trace the letters together, or spell out their name in a song!

23

Give your baby age-appropriate art materials like chunky crayons and paper to create art together.

24

Use words to describe time with your child as you do different activities. Was the walk long or short? Do you like long walks or quick walks?

25

Spending time drawing and coloring with your child can develop her creative, motor, and language skills! Ask her to draw their favorite food or animal!

26

Laughing is an important part of learning! Play fun games like "peek-a-boo" or sing funny nursery rhymes.

27

Talk with your baby about his day! Ask them what he did, how he felt, and what he wants to do tomorrow!

28

As you do laundry, play a game of finding the matching pairs of socks with your baby.

29

When you read together, let your baby help turn the pages—it can help build their interest in books.

30

Cuddle and share a story about your childhood. It's a great way to bond with your baby.



**TOO SMALL TO FAIL**

