



## **Instagram**

1. Sorting laundry is a fun and easy way for your child to develop early math and literacy skills! There are many ways to sort clothes at laundry time, whether by color, size, pattern, or material. Your child can be a laundry helper by sorting the whites from darks before putting clothes into the washing machine. When it's time to fold, your child can help by sorting the family's socks. This practical activity helps young children recognize similarities and differences in groups of objects, an essential cognitive skill. #TalkingIsTeaching

2. Loading the washer, hanging wet clothes to dry, and folding clean clothes are great activities that will help your toddler develop and strengthen their gross motor skills. Make laundry time extra joyful by singing and dancing as you work together to get all the laundry done. Be sure to let your child know how thankful you are for such a great little laundry helper. #TalkingIsTeaching

## **Twitter**

1. Talk to your baby about the different colors and patterns you see during laundry time. Your baby's brain is like a sponge, and you are helping them build early language skills before they can even say their first words just by talking to them! #TalkingIsTeaching

2. During laundry time, invite your little one to read with you between loads. How many books can you and your little one read together as you wait for your laundry to finish in the washer or dryer? This is a great way to turn laundry time into learning time! #TalkingIsTeaching