

#TALKINGISTEACHINGTIPS CALENDAR



Talk, read, and sing with your children every day! Simple interactions like the ones below can help boost children's brain and language development, setting them up for success in school and beyond. Please share photos of your family talking, reading, and singing using the hashtag #TalkingIsTeachingTips.

1

Make up a song about your potty routine to the tune of Twinkle Star. Sing it together during potty time!

2

The bathroom is full of shapes- square tiles, a rectangular mirror, round drains. Play I Spy and see how many your child can name!

3

Point out what time it is on the clock when it's time to use the bathroom. Say things like "When the long hand is pointing to the 6, it's potty time!"

4

Talk about the different things you find in a bathroom and what they are for. This will help your child become more comfortable and build their vocabulary!

5

Help your child "potty train" a stuffed animal and practice how to pull up and down their undies, sit on the potty, wipe, and flush!

6

Make a potty chart together! Each time your child uses the toilet ask what color star they want to add to their chart. How many stars did you earn today? ... This week?

7

Measure how many footsteps it takes to get to the potty from each room in your house. What is the shortest "path to the potty" and what is the longest?

8

When you go on a walk with your baby, count the trees, leaves, cars, or animals that you see.

9

Use mealtime as an opportunity to support your child's early math skills. Ask, "How many crackers are on your plate?" or "Which apple is bigger? Biggest?"

10

Use colors to express feelings! Encourage your child to scribble or draw a picture using colors to show how he is feeling. Talk together about the colors and feelings.

11

Use stories to spark imagination. During story time, ask your child, "What do you think will happen next?" Or ask her to make up and tell you a story of her own!

12

Go on a number hunt! Take turns pointing to and naming the numbers you see on signs, in books, or at the store!

13

Celebrate the things that make your child unique! Create a song with your little one about what makes her special and sing it together.

14

Use words to describe time with your child as you do different activities. Was the walk long or short? Do you like long walks or quick walks?

15

Turn on your baby's favorite songs and move your bodies as you dance together!

16

Have fun finding things of different sizes and using words to describe them Ask, "Can we find something big? Humongous? Small? Tiny? Short? Tall?"

17

Your baby loves to hear your voice. Talk, read, and sing together every day.

18

At the grocery store, give your baby an apple to hold in each hand. Ask, "Which is heavier? Which is lighter?"

19

Talk about your job or workers you see out and about! What is the construction worker building? How does a firefighter help people?

20

Play "I-Spy" by taking turns naming and describing the things you each see. Say, "I spy with my little eye...a big red truck. You?"

21

Grow your baby's vocabulary by using big words like "humongous" or "gigantic" instead of "big."

22

Ask questions about your child's art. You can say, "I noticed you used the color blue. Why?"

23

As you do laundry, play a game of finding the matching pairs of socks with your baby.

24

Cuddle and share a story about your childhood. It's a great way to bond with your baby.

25

Talk about water on a rainy or snowy day! What does water feel like? Taste like? Sound like?

26

Have fun playing outdoors with your baby and talking about what you see together!

27

Have fun pretending to move and sound like different animals. "Ribbit and hop like a frog" or "chirp and flap your wings like a bird"!

28

During bedtime, talk with your baby about your favorite parts of the day.

29

Practice saying and spelling your child's name with them! Write it out and trace the letters together, or spell out their name in a song!

30

Talk with your baby about his day! Ask them what he did, how he felt, and what he wants to do tomorrow!



**TOO SMALL
TO FAIL**

