

#TALKINGISTEACHINGTIPS CALENDAR



Talk, read, and sing with your children every day! Simple interactions like the ones below can help boost children's brain and language development, setting them up for success in school and beyond. Please share photos of your family talking, reading, and singing using the hashtag #TalkingIsTeachingTips.

1 Talk about what makes everyone unique! "What makes you, you? What makes me, me?"

2 Help your child recognize the beauty in diversity. While outside, point out the shapes and colors you see. Ask, "How do the different types of flowers help make the world more beautiful?"

3 Celebrate your unique culture! Sing songs, tell stories, and make food from your culture with your child. Ask, "What do you love most about our culture?"

4 With your child, think about the ways you can spread kindness to everyone. "How can we be kind to everyone? What makes people feel included and loved?"

5 Read together! Cuddle up with your baby and read books with diverse characters. Talk about what makes each character special and unique.

6 Sing and dance to music from all over the world. Exposing children to diverse cultures can help them understand and respect differences.

7 Talk with your little one about similarities and differences. Let them know that while people may look different and live their lives differently, they still have a lot in common.

8 Have fun playing outdoors with your baby and talking about what you see together!

9 Give your baby age-appropriate art materials like chunky crayons and paper to create art together.

10 When you go on a walk with your baby, count the trees, leaves, cars, or animals that you see.

11 At the grocery store, give your baby an apple to hold in each hand. Ask, "Which is heavier? Which is lighter?"

12 Your baby loves to hear your voice. Talk, read, and sing together every day.

13 Go on a "shape hunt" with your little one. Search for different shapes in your home and around your neighborhood.

14 Ask questions about your child's art. You can say, "I noticed you used the color blue. Why?"

15 During bedtime, talk with your baby about your favorite parts of the day.

16 Play "I-Spy" by taking turns naming and describing the things you each see. Say, "I spy with my little eye...a big red truck. You?"

17 Go on a number hunt! Take turns pointing to and naming the numbers you see on signs, in books, or at the store!

18 Have fun finding things of different sizes and using words to describe them. Ask, "Can we find something big? Humongous? Small? Tiny? Short? Tall?"

19 Establish a consistent family routine, like eating meals together as often as possible. This strengthens family bonds.

20 Use colors to express feelings! Encourage your child to scribble or draw a picture using colors to show how he is feeling. Talk together about the colors and feelings.

21 Talk with your child about the weather each day! What do they see in the sky when it is sunny, cloudy, or rainy?

22 Have fun pretending to move and sound like different animals. "Ribbit and hop like a frog" or "chirp and flap your wings like a bird"!

23 Cuddle and share a story about your childhood. It's a great way to bond with your baby.

24 Use stories to spark creativity and imagination. During story time, ask, "What do you think will happen next?" Or ask her to make up and tell you a story of her own!

25 Laughing is an important part of learning! Play fun games like "peek-a-boo" or sing funny nursery rhymes.

26 Talk about clothing and the weather. "What do we wear when it is cold? Warm?"

27 Grow your baby's vocabulary by using big words like "humongous" or "gigantic" instead of "big."

28 When you read together, let your baby help turn the pages—it can help build their interest in books.

29 Talk about your job or workers you see out and about! What is the construction worker building? How does a firefighter help people?

30 Use your senses to explore the environment around you! What do you see? Hear? Smell?

