

February 2021 Content Calendar

I. February Observances & Events:

- Black History Month
- 02/03- World Read Aloud Day
- 02/11 - International Day of Women and Girls in Science
- 02/14 - Valentine’s Day
- 02/17 - National Random Acts of Kindness Day
- 02/22 - Be Humble Day

Topics	Sample Resources
<p>2/1-2/7 Celebrating Diversity</p> <p>Children start picking up on differences as early as six months-old. It is never too early for parents to start teaching them important concepts such as same and different, and empathy. By modeling and encouraging empathetic behaviors, parents can teach their children early on and help them understand that the differences among us enrich our lives.</p>	<p>Celebrate Diversity TSTF</p> <p>6 Ways Parents Can Raise Empathetic Children TSTF</p> <p>Let’s Share Kindness Toolkit TSTF</p> <p>NBCDI Celebrates Black History Month with Too Small to Fail TSTF</p> <p>How to Teach Children About Cultural Awareness and Diversity PBS Parents</p> <p>How to Raise Non-Judgmental Children: 5 Way to Build Empathy and Compassion Huffington Post</p> <p>Teaching Children Empathy New York Times</p> <p>How to Help Your Child Develop Empathy Zero to Three</p> <p>Teaching Children about Diversity Bright Horizons</p> <p>How to Use Children’s Books to Talk About Race and Racism PBS Kids</p>

	<p>Teaching Your Child About Black History PBS Kids</p> <p>Video</p> <p>Same and Different Sesame Street</p> <p>Lupita Nyong'o Loves her Skin Sesame Street</p> <p>I love my Hair Sesame Street</p>
<p>2/8-2/14 Resilience In Young Children</p> <p>Resilience refers to the protective skills and supportive environments that help children cope and succeed in the face of difficult circumstances. One of the major ways children develop resilience is through stable and nurturing relationships with parents and caregivers. These supportive relationships built through daily interactions protect little ones from toxic stress.</p>	<p>ACEs, Toxic Stress, and the Importance of Relationships in Supporting Child Development TSTF</p> <p>Toxic Stress TSTF By Nadine Burke Harris</p> <p>Building Resilience in Children Healthy Children</p> <p>How to Raise an Emotionally Resilient Child PBS Parents</p> <p>How (and Why) To Create Emotional Safety For Our Kids Washington Post</p> <p>Why a Baby's Connection With a Parent Matters New York Times</p> <p>Resilience Harvard Center on the Developing Child</p> <p>Building Resilience Zero to Three</p> <p>12 loving ways to raise resilient kids Motherly</p> <p>How Children Become Resilient Scholastic</p>

	Help Kids Learn to Fail Building Self-Esteem in Children Child Mind Institute
<p>2/15-12/21 The Power of Songs</p> <p>In addition to being fun, listening to music and singing with your little ones has many benefits. Music is a great way to introduce children to new words and sound patterns. It creates a rich multi-sensory environment in which their brains build connections. And music is more than words, when children are actively engaged with music – clapping, bouncing, and dancing – they develop motor skills and body coordination.</p>	<p>Spotify Playlists TSTF</p> <p>Sing With Your Baby TSTF</p> <p>Music Offers Fun and Brain Power, Too TSTF</p> <p>Infants' Brains Attuned to Baby Talk and Nursery Rhymes BBC News</p> <p>9 Ways to Encourage Baby's Speech Development Huffington Post</p> <p>10 Ways Babies Learn When We Sing To Them! NAEYC</p> <p>Beyond Twinkle, Twinkle: Using Music with Infants and Toddlers ZERO TO THREE</p> <p>Newborn Babies in Study Recognized Songs Played to Them While in the Womb Washington Post</p> <p>Children and Music: Benefits of Music in Child Development Bright Horizons</p> <p>Group Time: Building Language Through Songs Scholastic</p> <p>Video</p> <p>Create Your Own Lullaby TSTF & Carnegie Hall</p>

2/22-2/28 Early Math Learning Through Play

Early math competency is predictive of later academic achievement. Through everyday activities and playing, children can develop a strong foundation for early math concepts. When early math learning is fun children can stay engaged as you bond and learn together!

[Early Math Resources](#) TSTF

[Let's Talk About Math](#) TSTF

[Highlights Early Math Guide](#) TSTF

[Highlights Early Math Guide Spanish](#) TSTF

[Math for All Ages](#) PBS

[Your Child's Mathematical Mind](#) Scholastic

[10 Playful Math Activities for Preschoolers](#) Parents

[Fun activities to promote math skills](#) Baby Center

[Math Play: How Young Children Approach Math](#) Scholastic

[The Beauty of Early Childhood Mathematics: Playful Math = Engaged Learning](#)

NAEYC

[Making Math a Family Thing | Harvard Graduate School of Education](#) GSE

Harvard